



Congratulations for taking on the Project U.S.E. 50-mile hike challenge along the Appalachian Trail! This hike is a 15+ year tradition each spring to raise money to fund outdoor experiences for underserved youth from Newark, NJ.

Things to do *before* the hike:

- **Fundraise!** If you haven't already, set up a fundraising page at 50mihike.org, contribute, and share to help us raise money to provide quality outdoor programs for underserved urban youth in Newark, NJ. Last year we provided nearly \$130,000 in scholarships and aid for Newark kids, and we can only continue to serve in that way with your help! [Here are some great, simple tips to help you fundraise.](#)
- **Train!** Get on your local trails, go for walks, get outside! [Here are some helpful tips](#) from Backpacker Magazine.
- **RaceJoy** registration. We'll be tracking all 50 mile hike participants using [RaceJoy](#). Please download the app before the event, and [check out this link](#) to answer any questions about tracking and using the app.
- **Supply!** each 50 mile hike participant should have a bag with necessary supplies: [link to packing list](#)

Logistics for the event date: May 4th 2019

2am	All 50-mile hikers will meet at the Appalachian Trail Parking Lot at High Point State Park. Please note this is different from previous years, and places your cars at the endpoint of the hike.
2 - 2:30	Registration and Orientation, load vans with gear
2:30 am	All hikers leave in vans for Dunnfield Creek, start of 50 mile hike
3:30 am	Arrive Dunnfield Creek: Safety Talk, final roster check, RaceJoy setup, Water fill
3:45 am	START hiking!
~ 6:30am	Arrive checkpoint #1 Camp Road (~9 miles)
~ 7:45 am	Arrive checkpoint #2 Millbrook-Blairstown Rd (~3.5 miles)

~ 9:00 am	Arrive checkpoint #3 Flatbrookville Rd (~4 miles)
~ 1:30pm	Arrive checkpoint #4 Culver's Gap (~12.5 miles) **must reach this checkpoint in 10 hours to continue**
~ 4:00pm	Arrive checkpoint #5 Deckertown Tpk (~10 miles)
5 - 6:30 pm	FINISH hike at High Point State Park (~6 miles). Check in at finish, awards and BBQ reception at High Point Pavilion picnic area

Things to note:

- Wait, the total mileage doesn't add up to 50 miles?! If you can make it the approximately 44+ miles of this route, you've earned the last few miles to claim the 50!
- There are 5 checkpoints along the route where hikers will have access to their gear bags
- At each checkpoint we will have water and volunteers to support the hikers
- The first few hours of the hike take place in the DARK; please bring a headlamp

Lodging: It might be a good idea to book a room at a local hotel to get as much rest Fri night and / or not have to drive a long distance after such physical exertion. Here's a list of local hotels:

- [High Point Mountain Motel](#). Closest to the park (3 min) and locally owned and operated. Project USE staff are using a room here as our base for the weekend.
- Best Western Inn at Hunt's Landing. 15 min drive
- Hampton Inn Matamoras/Milford. 15 min drive